Wednesday 2nd March 2016

Dear Parents/Carers

The Rowville Primary School House Cross Country will be held on Wednesday 16th March 2016 for all students.

**Foundation – Year 2:** run in their year level groups from 9.00am to 10.15am, the Foundation students completing the 600m course and the Year 1 and Year 2 students completing the 1km course.

**Year 3 to Year 6:** run in their age groups from 11.15am to 1.00pm, the 8/9/10 year olds completing the 2km course and the 11 and 12 year olds completing the 3km course.

To encourage team spirit, the students may wear a t-shirt in their House colours.

Bergin is red, Clow is yellow, Franklin is green and Lonsdale is blue. Your child is in __________.

All students will need to wear a broad brimmed school hat, appropriate clothing and footwear and sunscreen, bring a water bottle (no glass containers please) and carry asthma medication if required.

This event is being run locally with volunteer marshals (staff and parents/carers) stationed along the track. We have been working on our fitness in P.E. classes this term and are excited about every student in the school participating in the event, giving it their best and enjoying the challenge.

We are in need of many parent helpers to be stationed at points along the track. If you are able to help can you please return the form below by Wednesday 9th March 2016. Foundation to Year 2 parent helpers will need to meet in the gym at 8.30am in preparation for the event. Years 3 to 6 Parent helpers will need to meet in the gym at 10.30am. Parents assisting will be required to hold a current Working With Children Check and ensure this is on file at the office prior to the day.

Our Rowville Primary School District Cross Country team will be chosen from students in the 9 to 12 year age groups from the House Cross Country event and from past successful District Cross Country runners who are absent on House Cross Country day. It is expected that all students selected in the District Cross Country team attend training sessions at school in preparation for the event. The District Cross Country is being held on Friday May 6th at Jells Park.

Please note that a student’s age group is determined by what age he/she turns by December 31st 2016. 8 year olds are ineligible to compete in the District Cross Country.

Thank you for your support of our Sports Program. We look forward to a great run.

Sue Macdonald
Physical Education Leader

Stuart Boyle
Assistant Principal

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**Rowville Primary School House Cross Country Permission Form**

CHILD’S NAME:................................................................. GRADE:....................... has my permission to participate in the House Cross Country on Wednesday 16th March 2016.

**Medical consent**

Where the teacher-in-charge of the excursion is unable to contact me, or it is otherwise impracticable to contact me, I authorise the teacher-in-charge to:

- Consent to my child receiving any medical or surgical attention deemed necessary by a medical practitioner.
- Administer such first-aid as the teacher-in-charge judges to be reasonably necessary.
- Provide parent/carer phone numbers to an authorised leader/supervisor in case of an emergency.

Name of Parent/Carer A:................................................................. Signature:................................................................. Date:.................................

Phone Numbers (M)................................................................. (H)................................. (W).................................

Name of Parent/Carer B:.................................................................

Phone Numbers (M)................................................................. (H)................................. (W).................................

**Student behaviour**

I understand that in the event of my son’s/daughter’s misbehaviour or behaviour that poses a danger to himself/herself or others during the excursion, he/she may be sent back to school.

**Student accident insurance**

I acknowledge that the Department of Education and Training does not provide student accident cover. Parents may wish to obtain student accident insurance cover from a commercial insurer, depending on their health insurance arrangements and any other personal considerations.

**Medications**

☐ My child is currently taking medication. Please provide the name of medication, dose and describe when and how it is to be taken.

All medication must be given to the teacher-in-charge on the morning of the excursion. All containers must be labelled with your child’s name, the dose to be taken as well as when and how it should be taken. The medications will be kept by the staff and distributed as required. Inform the teacher-in-charge if it is necessary or appropriate for your child to carry their medication (for example, asthma puffers or insulin for diabetes). A child can only carry medication with the knowledge and approval of both the teacher-in-charge and a parent/carer.

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**PARENT HELPERS ROWVILLE PRIMARY SCHOOL HOUSE CROSS COUNTRY**

Please return to school by Wednesday 9th March 2016

☐ I am able to assist at the ☐ Foundation to Year 2 and/or ☐ Year 3 to Year 6 House Cross Country, to be held on Wednesday 16th March within proximity of Rowville Primary School.

☐ Yes, I hold a current Working With Children Check and it is on file at the office

Child’s Name:................................................................. Grade:.................................

Parent/Carer’s Name:................................................................. Contact Number/s:.................................