From The Principal...

Dear Parents/Carers

I have spent the last week in bed recovering from the flu. I cannot recall ever spending an extended period of time in bed due to illness. During this enforced rest I listened to a variety of programs on television. A program that captured my interest focussed on the important role that resilience plays in health, happiness and long term success. The presenter argued that it is a person’s level of resilience that determines those who experience success in life in general.

The presenter referred to Dr Martin Seligman a social psychologist who has led the study of resilience. The research identified seven traits that we need to develop in order to be resilient:

1. Being in charge of our emotions
   This is all about developing the ability to be in charge of our emotions. It means that we know how to express our negative emotions in a constructive way.

2. Controlling our impulses
   This is the ability to stop and choose whether or not to take a particular action.

3. Analysing problems
   This is the ability to accurately analyse problems. This includes the ability to see those problems that are the result of us and our actions and those that are not.

4. Maintain realistic optimism
   This is the ability to maintain hope for the future. It is about seeing things as they are and believing that you have the capability to make the best out of the situation.

5. Having empathy for others
   This is ability to understand the feelings and needs of another person. Children learn to understand and support others’ feelings by being understood and supported by those around them.

6. Believing in your own competence
   This is the belief that we have the capability to tackle most problems and to keep trying even when things get really difficult. It is having a feeling that we can make a difference and have an impact in whatever we are doing.

7. Reaching Out
   This is the ability to take on new opportunities that life presents.

Making mistakes is seen as a learning opportunity. It is also about being realistic about what we can and cannot accomplish on our own. We can help children to want to try new things, helping them to understand that ‘nobody is perfect’ and that ‘everyone makes mistakes’ and that ‘making mistakes is part of the learning process’.

Reference: www.reachinginreachingout.com

After a long cold winter we are all eagerly looking forward to the warmer weather ahead. With the warmer weather will come increased exposure to UV radiation during recess and lunch time. As per our Sun Smart Policy students will be expected to begin wearing their wide brimmed school hats by 1st September.

Anne Babich
Principal

**Upcoming Events**

The following events are on Compass for your approval, please log in to Compass http://rowvilleps.vic.jdlf.com.au to pay for and consent to your child attending.

**Years 3 to 6 Beyond Boundaries Adventure Program**
Deposit: consent due by 31st August
- Please note if this notice does not appear on your Compass events page it means you have already paid the deposit earlier this year.

**Year 3 Swimming:** commencing for 2 weeks from 5th September  
Cost $100 - consent due by 31st August

**Rowville District Summer Round Robin:** Year 6 and selected Year 5 students  
- on 9th September and 7th October
  Cost $18.00 - consent due by 7th September

**Year 2 CERES Aboriginal Cultural Excursion:** on 14th September
  Cost $35 - consent due by 8th September

**Year 5, 6 and Choir Production Dress Rehearsal:** on 14th September
  Cost $7 - consent due by 13th September

**Foundation Swimming:** commencing for 2 weeks from 3rd October 
Cost $110 - consent due by 28th September

**Year 1 Swimming:** commencing for 2 weeks from 3rd October 
Cost $110 - consent due by 28th September

**Year 5 Swimming:** commencing for 2 weeks from 17th October  
Cost $110 - consent due by 12th October
ROWVILLE PRIMARY SCHOOL PROUDLY PRESENTS

In Your Dreams

WED 14TH & THUR 15TH SEPTEMBER 2016
Commencing at 7.15pm

At Rowville Secondary College Eastern Campus Performing Arts Centre, Humphreys Way, Rowville

ADULT & SECONDARY STUDENTS
$24 + Booking Fee

PRIMARY & PRESCHOOL CHILDREN
$12 + Booking Fee

BOOK ONLINE
trybooking.com/MJHN

Each morning, computers and printers are available in the school library to make your booking.

PLEASE CONTACT THE SCHOOL OFFICE IF YOU HAVE FURTHER ENQUIRIES 9764 1955

On Sale Now at www.trybooking.com/MJHN
Congratulations to the following students who were presented with an award at our Monday morning assembly. These awards were given to students who have made significant achievements in Classroom participation – Learning behaviours.

<table>
<thead>
<tr>
<th>Foundation</th>
<th>Student</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foundation A</td>
<td>Luca C</td>
<td>Demonstrating positive learning behaviours at school. Luca always listens attentively and engages in class discussions appropriately. He makes an extra effort to support his friends in the playground by helping solve problems to ensure everyone is safe and happy.</td>
</tr>
<tr>
<td>Foundation B</td>
<td>Ariyahn N</td>
<td>Always trying his best to focus and complete his work to the best of his ability. Ari has made greats efforts to engage in class discussions.</td>
</tr>
<tr>
<td>Foundation C</td>
<td>Isabella M</td>
<td>Listening closely to instructions so that she can complete her work to the best of her ability.</td>
</tr>
<tr>
<td>1A</td>
<td>Ashley H</td>
<td>Always trying her best and showing excellent learning behaviours in all subject areas.</td>
</tr>
<tr>
<td>1B</td>
<td>Kaylah P</td>
<td>Showing excellent learning behaviours at her table and on the floor.</td>
</tr>
<tr>
<td>1C</td>
<td>Sienna H</td>
<td>Trying her best to listen, concentrate and follow instructions in all areas of her learning.</td>
</tr>
<tr>
<td>2A</td>
<td>Jai D</td>
<td>Showing great improvements in the effort he puts in to focussing on his work and taking his time to ensure he understands what he is doing. Jai is becoming a more organised and independent learner.</td>
</tr>
<tr>
<td>2B</td>
<td>Dhruti S</td>
<td>Always ensuring she listens well, follows instructions and completes her work to the best of her abilities.</td>
</tr>
<tr>
<td>3A</td>
<td>Sophia H</td>
<td>Showing excellent learning behaviours, Sophia always listens and is focussed, organised and ready to learn.</td>
</tr>
<tr>
<td>3B</td>
<td>Maddi S</td>
<td>Being a conscientious student who displays a positive attitude in all areas of her school work. Maddi always works hard to do her best learning.</td>
</tr>
<tr>
<td>3C</td>
<td>Selina C</td>
<td>Consistently applying herself to her work and striving to improve her knowledge of sounds, sights words and her reading fluency throughout this year.</td>
</tr>
<tr>
<td>4A</td>
<td>Siqi L</td>
<td>Always using class time effectively by working well independently and sharing during class discussions.</td>
</tr>
<tr>
<td>4B</td>
<td>Ayla T</td>
<td>Always showing our 4 learning behaviours in every lessons, to ensure she is focussed and successful in each learning session.</td>
</tr>
<tr>
<td>5A</td>
<td>Joanna Y</td>
<td>Applying herself to all areas of her learning in a conscientious manner and sharing her learning with others.</td>
</tr>
<tr>
<td>5B</td>
<td>Kya P</td>
<td>Getting started straight away, staying on task, and completing her work independently.</td>
</tr>
<tr>
<td>5C</td>
<td>Haylee V</td>
<td>Being a role model for our classroom expectations and learning behaviours.</td>
</tr>
<tr>
<td>6A</td>
<td>Alyssa M</td>
<td>Consistently demonstrating exemplary learning behaviours. Alyssa completes all school and homework tasks to a high standard and consistently strives to improve her academic results.</td>
</tr>
</tbody>
</table>
Congratulations to the following students who earned Mathletics Certificates last week.

**Gold Certificates**

Jonathan L

Shanellle B

Shaun L

**Silver Certificates**

Adrian S

Daniel P

Ebony G

Mahit R

Martim V

Summer C

Ximing D

Akil B

Dylan B

Georgia C

Makenna G

Simone R

Tahlia B

**Bronze Certificates**

Aadhi S

Disha A

Grace C

Jessie L

Luke S

Talina A

Alyssa S

Dylan L

Hailey S

Kate H

Michael M

Tayla K

Arwa S

Elizabeth H

Isabella T

Kaylee A

Nasrat R

Titus W

Ashley H

Elizaveta K

Jackson G

Kirsten F

Oscar S

Vivian C

Ashna S

Ella W

Jackson K

Lachlan A

Peter T

Zac M

Ayana O

Eloise R

Jad E

Lachlan B

Shiyao H

Zitian W

Ayden B

Ethan V

Jamie C

Lauren K

Sianne W

Claire S

Evangelina D

Jasmine S

Livinia R

Sienna K

Danica C

George S

Jessica B

Lachlan C

Sophie K

**My Favourite Australian Book Is...**

Over the past month, in the lead up to Book Week, our students have been looking at Australian books. They were asked to think about an Australian book that has become one of their favourites. This is what they said:

- My favourite Australian book is *Wombat Stew* because it has a song in it and it is a nice book. Summer 3C
- My favourite Australian book is *Possum Magic* because it makes me believe in magic. Zoe 3C
- My favourite Australian book is *Boy Overboard* because it tells the story about two kids and parents who have to leave Afghanistan and move to another country. Shaun 6A
- My favourite Australian book is *Aussie, Aussie, Aussie* because I like to say Oi! Oi! Oi! Rea 1A.
- My favourite Australian book is *Wombat Stew* because it was one of the first books I read all by myself. I also like the moral of the story because it is that together you need to stand up to a bully. Lochlan 6A
- My favourite Australian book is *Noni the Pony* because it shows bravery. Natalie 3C
- My favourite Australian book is *Wombat Stew* because other animals poison the dingo! Declyn 4B
- My favourite Australian book is *The Treehouse* series by Andy Griffiths. They are funny. Ryan 5A
- My favourite Australian book is *Tiddlick The Frog Who Caused A Flood* because it is funny.
- My favourite Australian book is *Australian Dreamtime* stories because I like reading about the culture of indigenous people and to start to understand their culture. Evie 6A
- My favourite Australian book is *Wombat Stew* because it has awesome illustrations and lots of humour. Rodrigo 4B
- My favourite Australian book is *Chasing the Valley* because the story includes suspense, descriptive text and betrayal! Disha 4B

The students at Rowville Primary School love to read lots of different things. There are memorable stories all around us. Enjoy them.

Jackie Hicks – Library Technician
Last Friday, the Foundation students took part in an ‘Expressing Ourselves’ Circus Workshop Incursion as a part of their Inquiry Unit. Students engaged in a range of speaking and listening situations exploring different ways of expressing emotions during the 1 hour workshop.
Buongiorno,
By the time you read this we will be almost halfway through this round of the championships of the Rowville Cup Challenge, Round 2, Victorian Championships. This round finishes next Monday 5th September. If you can do some extra work at home to ensure we maintain a lead against Rowville Secondary College and retain the Rowville Cup, please do. Remember there are prizes on offer for everyone who participates. Work as a team in your grade and take out the pizza party prize. Work as an individual and take out the top scorer prize. Good luck everyone. Work hard and go Rowville Primary School.
Grazie
Ros Bartlett
LOTE Specialist

On Monday 5th September the following grades will be working in the vegetable gardens and orchard.
We are asking parents, carers, grandparents and friends to volunteer to help assist the students during this time.
5A: 11:15am - 11:55am
5B: 11:55am - 12:35pm
5C: 12:35pm - 1:15pm

At the School Council Meeting on Wednesday 24th August the following policies were ratified;
Fundraising Policy
Student Safety, Engagement and Wellbeing Policy
Parent Payment Policy
To view these policies please refer to the Compass newsfeed and the Rowville Primary School website.

Rowville Kids Café News
Specials Menu

POPCORN MONDAY
Freshly Popped Popcorn $1.00

SUSHI HANDROLL TUESDAY
Lunch order only
Crispy Chicken $3.20
Tuna and Avocado (GF) $3.20
Avocado & Cucumber (V, GF) $3.20
Teriyaki Chicken $3.20
Soy Sauce will only be provided on request – please note on order

Wacky WEDNESDAY
Lunch order only
Chicken Chippies (bag of 6) $3.00 a bag

A copy of the full café menu is available on the website: rowville.ps.vic.edu.au

Thank you to our helpers for Term 3
Monday 5th September N. Thomson
Tuesday 6th September L. McConnochie
Wednesday 7th September S. Faraji
Thursday 8th September K. Hopkins
Friday 9th September E. Lagaaia

Bronwyn Richards
Canteen Manager

FOUNDATION ENROLMENTS 2017
Rowville Primary School is now accepting enrolments for 2017. Children who turn five by April 30th of the enrolment year are eligible to attend school. When transferring from interstate, overseas or from a local school it is helpful if a written report is available at the time of enrolment. Group tour information will be available soon.

Enrolment forms are available online or from the office.

Language Perfect World Championships
What is ahead....

2016 Chocolate Drive:
This is a major fund raising event for 2016 with the potential to raise $4000. Each box contains 50 individual Cadbury Fun-pack bars, including Freddo Frogs and Caramello Koala @ $1.00 each ($50 per box). The chocolate boxes have been sent home with students and extra boxes are available at the office.

2016 School Disco: Friday 7th October in the Gym

2016 School Production Intermission Snack Stand Helpers Required
Are you willing to sell snacks and drinks prior to the start of the school production and at interval for 20 minutes on either Wednesday 14th or Thursday 15th September?

Name: ____________________________________________________________
Mobile: ___________________________________________________________________
Email: ____________________________________________________________________

Preferred Night (please circle either night or both): Wed/Thurs

Please return your contact details to the office or via email to forps@rowvilleps.vic.edu.au by Friday 9th September.

Disco Helper’s Reply Slip
Please return this slip to school or email forps@rowvilleps.vic.edu.au, no later than Monday 3rd October 2016

Calling all Parent Disco Divas and Dudes! Mark the date in your diaries, the School Disco is on Friday 7th October 2016.

Name: ___________________________ Mobile Number: ___________________ Email: ___________________________

Eldest Child’s Name & Grade: ____________________________

I can assist at the disco at the arrival area outside the gym, manning the doors, selling snacks, selling glow items on Friday 7th October: (Please indicate by ticking 1 or more option)

**Note, the helper start time is 15 minutes prior to the start of the disco session, to allow time for handover and 15 minutes after the session to help with clean up between each disco session**

☐ Setup from 2.00pm until 3.15pm

☐ All night from 4.30pm until 9.30pm

☐ Foundation & Year 1 - 4.30pm until 6.00pm

☐ Years 2,3,4 – 5.45pm until 7.30pm

☐ Years 5 & 6 -7.30pm until 9.00pm

☐ Pack Up until 9.30pm
No Hat No Play - 1st September to 30th April

Part of our Sun Smart Policy at Rowville Primary School is that students should wear the official school uniform wide brimmed hat when outdoors from 1st September to the 30th April. Students are also encouraged to apply sunscreen (SPF 30 + 20 mins prior to outdoor activity) provided by parents. Please place the students name on the sunscreen container.

Please encourage your children to have their hat at school each day. Hats are available from our uniform supplier Klad Sport, Factory 8 Macro Court, Rowville.

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ROWVILLE PRIMARY SCHOOL
UNIFORM PRICE LIST AS AT 1/9/2015

KLAD SPORT PTY LTD
ABN 92 191 499 563
FACTORY 8 MACRO COURT, ROWVILLE VIC 3178 TELEPHONE: 9763 0266

Opening Hours:
Monday to Thursday 8.30am-5.00pm, Friday 8.30am-4.30pm & Saturday 10.00am-1.00pm

<table>
<thead>
<tr>
<th>GARMENT</th>
<th>COLOUR</th>
<th>PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Windcheater</td>
<td>Navy with Sky Blue embroidered logo</td>
<td>$28.00</td>
</tr>
<tr>
<td>Short Sleeve Polo Shirt</td>
<td>Sky Blue with Navy embroidered logo</td>
<td>$25.00</td>
</tr>
<tr>
<td>Long Sleeve Polo Shirt</td>
<td>Sky Blue with Navy embroidered logo</td>
<td>$26.00</td>
</tr>
<tr>
<td>Waterproof Jacket</td>
<td>Navy/ Sky blue piping embroidered logo</td>
<td>$53.00</td>
</tr>
<tr>
<td>Skorts</td>
<td>Navy</td>
<td>$29.00</td>
</tr>
<tr>
<td>Summer Dress</td>
<td>Sky Blue/Navy/White check</td>
<td>$42.00</td>
</tr>
<tr>
<td>Shorts- Gaberdine</td>
<td>Navy with zip pocket</td>
<td>$24.00</td>
</tr>
<tr>
<td>Bomber Jacket</td>
<td>Sky Blue/Navy with embroidered logo</td>
<td>$45.00</td>
</tr>
<tr>
<td>Trousers</td>
<td>Navy</td>
<td>$29.00</td>
</tr>
<tr>
<td>Tracksuit Pants</td>
<td>Navy</td>
<td>$24.00</td>
</tr>
<tr>
<td>Girls Bootleg Pants</td>
<td>Navy with zip pocket</td>
<td>$28.00</td>
</tr>
<tr>
<td>Tunic</td>
<td>Navy/Sky/White check</td>
<td>$55.00</td>
</tr>
<tr>
<td>Tights</td>
<td>Navy</td>
<td>$13.00</td>
</tr>
<tr>
<td>Slouch Hat</td>
<td>Navy with logo</td>
<td>$16.00</td>
</tr>
<tr>
<td>School Bag Spartan</td>
<td>Navy with logo and warranty</td>
<td>$53.00</td>
</tr>
</tbody>
</table>

ALL PRICES ARE GST INCLUSIVE
Prices as at 1/9/2015
Rowville Primary School  
Paratea Drive Rowville VIC 3178  
0438 286 035 (07:00 -18:00)

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, 19 September</td>
<td>Amazing Architecture</td>
<td>$48.50</td>
</tr>
<tr>
<td>Tuesday, 20 September</td>
<td>Construct a Feast</td>
<td>$65.50</td>
</tr>
<tr>
<td>Wednesday, 21 September</td>
<td>Character Building</td>
<td>$63.50</td>
</tr>
<tr>
<td>Thursday, 22 September</td>
<td>My Pet Project</td>
<td>$73.50</td>
</tr>
<tr>
<td>Friday, 23 September</td>
<td>Science Squad</td>
<td>$48.50</td>
</tr>
<tr>
<td>Monday, 26 September</td>
<td>Design, Build &amp; Play!</td>
<td>$64.50</td>
</tr>
<tr>
<td>Tuesday, 27 September</td>
<td>Dream Team</td>
<td>$48.50</td>
</tr>
<tr>
<td>Wednesday, 28 September</td>
<td>Spectacular Structures - Infla...</td>
<td>$78.50</td>
</tr>
<tr>
<td>Thursday, 29 September</td>
<td>Block Party</td>
<td>$65.00</td>
</tr>
<tr>
<td>Friday, 30 September</td>
<td>No Program</td>
<td></td>
</tr>
</tbody>
</table>

Public Holiday

Daily Requirements: Children must bring their own lunch and refreshments (no nut products please), wet weather gear, art smock, and suitable clothing for and active and sunsmart day. An afternoon snack will be provided.


CAMP AUSTRALIA  
We make kids smile.
Super Hero Academy

The Good Guys Super Hero Academy will be in action again during the September school holidays in Victoria with free workshops for children aged six to 12.

Super Hero Headquarters will be set up at Rowville Secondary College Western Campus Gym, Paratea Drive, Rowville.

The Good Guy Super Hero Trainers will guide kids through activities like tumbling, acro-balance, trampolining and aerial fun so they can discover their unique personal qualities and apply their inner strength to their everyday lives.

Workshops will be held at 10am, 1pm and 3:30pm from the 17th to the 25th of September and registration is essential.

Registrations will open in late August - go to superheroacademy.net.au to secure a place for your little super heroes!

RSA Tennis Information Night

For those who may be interested in joining the Rowville Sports Academy (RSA) Tennis Program in 2017 and 2018.

We would like to invite you and your parents to an Information Night at the Rowville Sports Academy on Tuesday September 6th, 2016 at 7.00pm.

On the night we will explain the process for admittance in to the academy and that try outs will be held on –

- Wednesday September 21st at the Eildon Park Tennis Club
- By direct appointment with Adrian Muscillo.

The Information Night will be held at the Eastern Campus of Rowville Secondary College, Humphreys Way, Rowville and we would ask you to meet us just before 7.00pm in the foyer of the Rowville Sports Precinct.

To assist with our planning, please contact Meg Boyle on 9755 4651 or by email at boyle.megan.m@edumail.vic.gov.au to register your attendance.

Lysterfield Netball Club

For the upcoming season, the Lysterfield Netball Club is seeking netballers for all age groups – U11, U13, U15 & all open age groups (No experience necessary).

Please send all enquiries to enquiries@lysterfieldnetball.com.au or visit www.lysterfieldnetball.com.au for more information.

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HOT SHOTS TENNIS COACHING

2016 VIC COACH OF THE YEAR

ROWVILLE SPORTS ACADEMY TENNIS PROGRAM

Now accepting applications for 2017 & 2018 Integrated school & tennis program.

You are invited to an Information Night at the Rowville Sports Academy on TUESDAY 6TH SEPTEMBER, 2016 AT 7:00PM

At the Eastern Campus of Rowville Secondary College, Humphreys Way, Rowville

To accept Invitation, please contact Meg Boyle on 9755 4651 or via email to boyle.megan.m@edumail.vic.gov.au

RROIWAY SPORTS ACADEMY

HOT SHOTS TENNIS COACHING

2016 AUSTRALIA’S BEST HOT SHOTS COACHING PROGRAM

Now accepting enrolments for Term 4 Tennis Australia qualified coaches

Smaller Courts, faster racquets, low compression balls making learning tennis fun and easy for primary school-aged children

Junior Group lessons also available.

2 WEEKS FREE PLUS A FREE T-SHIRT!

MENTION THIS AD & JOIN WITH A FRIEND FOR THE FULL TERM 4 & RECEIVE

ADULT CARDIO TENNIS

Are you looking for a fun way to workout? Tired of going to the gym? 
Want to improve your tennis game, let out some stress, burn calories & improve your fitness at the same time?

Then our structured, energized, music fueled tennis workout is just for you! Suitable for all fitness levels & tennis abilities.

JOIN WITH A FRIEND AND BOTH RECEIVE 25% DISCOUNT

*CONDITIONS APPLY - New enrolments ONLY, not valid with any other offer, valid until 18/9/16.