Chinese Style Lettuce Salad

Rowville Primary School
Kitchen Garden Recipe

Ingredients

100g spinach leaves,
1 cup mint leaves,
3 spring onion,
Sichuan pepper and salt.

Dressing

5 tablespoons olive oil,
¼ cup malt vinegar,
2 tablespoons light soy sauce,
1 garlic clove, chopped.

Whisk all ingredients together. Taste for seasoning. Toss through salad.

Method

Clean lettuce leaves, spinach and mint, spin dry. Tear lettuce leaves into bite size pieces.

Clean spring onions and slice. Add to lettuce.

Make dressing.

Toss the salad in dressing, arrange on serving platters, sprinkle lightly with Sichuan salt and pepper.

Serve.