

Committee: Active lifestyle

Goal: To promote the students of Rowville to become more active.

Tasks to achieve:

To promote healthy active lifestyle options available in the community

- Organise two times a term a community sporting organisation to come to the school and talk to the students.

To find out how active the students at Rowville Primary are?

- Prepare a survey to find out what sporting groups our students are involved in. Our aim is to increase the amount of students involved in sporting groups.

To organise whole school active events.

- Walk to school days.
- Ride to school days.

To organise fortnightly active lunchtime activities:

House competitions

A poison ball competition.

A skittles comp 5 to 6

Table tennis days for all grades