

Lettuce Salad with

Lemon & Olive Oil dressing

Rowville Primary School

Ingredients

1 Iceberg Lettuce,
3 Spring Onions,
Lemon & Olive Oil Dressing.



Method

Wash lettuce leaves in cold water. Spin in salad spinner to dry. Break into small pieces into a medium metal bowl.

Wash spring onions and slice. Add to lettuce.

Add 2 tablespoons of dressing and a pinch of salt. Toss together. Taste. (Add more dressing if needed.) Serve.

Olive Oil & Lemon Dressing

Ingredients

¼ cup olive oil,
½ lemon,
Salt & pepper.

Method

Juice the lemon half.

Wash the parsley sprigs, break into small pieces.

Whisk the lemon juice and olive oil together. Season and add the parsley. Taste.